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is Education, Not Therapy!” Mathieu,
Françoise (2012)
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Research the topic of compassion
fatigue, caregiver burnout, and related
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sure they are academically sound and
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CFAP Founder Patricia Smith's seminal book, *To Weep for a Stranger: Compassion Fatigue in Caregiving*, is a comprehensive look at compassion fatigue, its causes and symptoms, and how to begin the healing process.

Compassion Fatigue Awareness Project

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Compassion fatigue and moral conflicts
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of moral conflicts in trauma is
highlighted by many trauma scholars
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(PTSD) diagnostic criteria do not
efficiently capture the phenomenon of
“inner conflict” or moral conflict in police
officers' exposure to traumatic incidents
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Frontiers | The Role of Moral Suffering (Moral Distress ...

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Routledge, New York. Michie, David

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Tools For Transforming
2014, Why Mindfulness is Better Than
Chocolate, Inspired Living/Allen and
Unwin, Sydney. Skovholt T.M. and
Trotter-Mathison M 2011, The Resilient
Practitioner, Routledge, New York.

Smullens S 2015, Burnout and Self Care
in Social Work, NASW, Washington.

Self Care - Full Circle Conversations

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This book is an attempt to provide
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muddy water, which is clearly water
again when the mud is removed, one's
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