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Peer Support Group Facilitation Skills

Rather, the facilitator's roles in a peer support group are to: Create a safe, welcoming environment for Veterans to feel comfortable sharing their personal experiences and learning from one another. Act as a role model by sharing aspects of the facilitator's own recovery story that apply to the group's discussion.

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Peer Support Group Facilitation Skills - Veterans Affairs

The peer support group facilitator models facilitation skills by focusing on the needs and experiences of group members. □Use listening and question-asking skills □Use “I” statements □Work with silence □Timely self-disclosure □Maintaining the comfort agreement rules 22

Peer Support Group Facilitation Skills - Veterans Affairs

As with in-person peer support groups, the facilitator is still an equal member of the group with an added task of opening up the group, orienting the group to the technology, striving for equal opportunities for sharing during the group, and closing the group. A good facilitator is neither a teacher nor an expert.

Tips for Facilitating Online Peer Support Groups - APS ...

In addition to a new curricula, a trainers application and selection process is being developed to ensure that selected

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Peer Academy trainers are 1) skilled in adult learning and group facilitation, 2) experienced Peer Support Specialists, 3) well trained in the Peer Academy curricula, and 4) receive intense training, mentoring and on-going ...

Developing Organizations: Peer Support Training - Promise ...

Some of the common characteristics of support groups include: They are made up of peers - people who are all directly affected by a particular issue, illness, or circumstance They usually have a professional or volunteer discussion leader or facilitator They tend to be fairly small in size, to better allow everyone a chance to talk

Section 2. Creating and Facilitating Peer Support Groups

Facilitation and coaching, on the other hand, may be new skills for trainees, and are taught selectively in some peer support

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models. Active listening teaches peer supporters to use open-ended questions, reflect feelings, and provide affirmations while avoiding communication roadblocks.

Fundamentals of Good Peer Support: Strengthening ...

Research shows peer support: Increases hope, control and ability to effect changes in life¹. Decreases levels of depression and distressing and unusual experiences of reality¹ increases self-care, sense of community belonging and satisfaction among various life domains¹ Improves confidence, self-awareness, and self-esteem⁴ "Presence of support has repeatedly been linked to good long-term health outcomes based on demonstrations of better immune function, lower blood pressures, and ...

PEER SUPPORT FACILITATOR GUIDE UNDERSTANDING PEER SUPPORT ...

Our Peer Supporters know a lot of different techniques you can

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consider trying and they also have great group facilitation skills. Can Peer Support Help Me? ... Our own recent study of web conference-based peer support groups participants reported a 69% reduction in hospital readmissions and a 49% reduction in the use of emergency room visits ...

Hey Peers! - Frequently Asked questions about peer support ...

Application Processing Resumes 5/11/2020 - Get Details Here.
New Certification Policies Starting July 1 2020 - Get the Details Here. The NC Certified Peer Support Specialist Program staff will be on a break the week of August 24th. We will resume processing of applications the week of August 31st.

NC Peer Support Specialist Certification Site

There are various skills that must be developed in order to be an effective support group facilitator. These skills can be adapted to

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fit the facilitator's own style and personality. Self-Care Managing the wellbeing of a Support Group starts with managing the wellbeing of its facilitator. This must be every facilitator's first priority.

Support Group Facilitation Guide - Mental Health America

A peer facilitator helps others work through their problems by offering emotional support as well as guidance regarding different situations. Facilitators can use their life experiences to help relate to others facing similar circumstances.

What Is a Peer Facilitator? | Our Everyday Life

Being a Facilitator The PFLAG support group is the essential "intake" point for many people new to PFLAG and our values. The facilitator thus becomes a key ingredient in the welcoming and accepting process. Volunteers often ask what being a facilitator requires.

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Facilitating Peer Support Groups - PFLAG

Group facilitation skills help a facilitator be effective in large group settings and coordinate a team with ease. Having a neutral, external facilitator allows everyone else in the room to get fully involved in the conversation. Let's take an annual strategic planning meeting as an example, where the manager of the team is present.

Essential Facilitation Skills for an Effective Facilitator ...

Peer Facilitation Skills We are seeing increasing numbers of schools setting up LGBT+ groups, this is great! We have written some guidance to help with this, find it here. However, sometimes, these groups can lose momentum if the purpose of the group is not established or clear.

Peer Facilitation Skills - The Proud Trust

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40 hour Peer Support Specialist Weekend Training Oct 3rd, 4th, 10th, 11th, and 17th 2020 Sat and Sun 8am to 5pm 122 Konnoak Village Circle W-S, NC 272127 : \$275.00 :
altheadortch@yahoo.com Althea Dortch 336-965-9137: Recovery Milestones: A Peer Support Training Journey: 10/03/2020 - 9:00am to 10/17/2020 - 5:30am

40 Hour PSS Training Sessions Going on Now.. - Peer Support

Create a welcoming space. The space people work in matters. Move the furniture. Create a welcoming space. Make sure people are comfortable and able to move around. A welcoming space is not just physical, it's also about the way you engage with the group, building rapport and trust. 9. Take care of time and pace.

10 Basic Group Facilitation Skills - Viv McWaters

A support group's primary purpose is to provide social and

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emotional support to its members. Many support groups are open to any cancer survivor who wishes to attend. Support groups may be led by trained professionals, such as social workers and nurses, or by peer leaders. The members gain support from sharing their feelings and experiences with others.

Training Manual for Group Facilitators

Group Facilitation: A Peer-Based Approach was developed for anyone who currently facilitates peer-led groups or those who would like to facilitate peer-led groups (i.e. groups where the facilitator has shared lived experience with the group members).

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