

## Healing Days A Guide For Kids Who Have Experienced Trauma

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### Healing Days A Guide For

Healing Days is a wonderful and sensitive guide for young children who have experienced emotional or physical trauma. Acknowledging the painful feelings that result from trauma, the book offers specific strategies for coping and recovery. Through clear and frank text, children gain an understanding of their feelings, thoughts, and behaviors and are offered reassurance that they are not to blame.

# Access Free Healing Days A Guide For Kids Who Have Experienced Trauma

## **Healing Days: A Guide For Kids Who Have Experienced Trauma ...**

Overview. Healing Days is a sensitive and reassuring story intended for children who have experienced trauma and covers the feelings, thoughts, and behaviors that many kids have after a bad and scary thing happens. A useful book to read with a parent or therapist, Healing Days emphasizes that children are not to blame for what happened, and that they can get help and look forward to a happy future.

## **Healing Days: A Guide For Kids Who Have Experienced Trauma**

2013 Gelett Burgess Children's Book Award: Mind, Body and Spirit. Healing Days is a sensitive and reassuring story intended for children who have experienced trauma and covers the feelings, thoughts, and behaviors that many kids have after a bad and scary thing happens. A useful book to read with a parent or therapist, Healing Days emphasizes that children are not to blame for what happened, and that they can get help and look forward to a happy future.

## **Healing Days: A Guide For Kids Who Have Experienced Trauma ...**

Healing Days: A Guide for Kids Who Have Experienced Trauma. Healing Days is a book designed to be used in therapy for kids ages 6-11 and functions as an excellent resource for those who have experienced physical or sexual abuse. Readers will follow four children as they learn ways to cope with their own trauma.

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# Access Free Healing Days A Guide For Kids Who Have Experienced Trauma

Maria Bogade, Illustrator. Magination Press., Fiction, May 18, 2013. Suitable for Ages: 5 -11. Themes: Children facing trauma and tragedy, PTSD, Anxiety, Fear, Anger, Healing. Opening: "Something bad happened to me. I did not want anyone to know.

## **Healing Days: A Guide for Kids Who Have Experienced Trauma ...**

Healing Days is a book designed to be used in therapy for kids ages 6-11 and functions as an excellent resource for those who have experienced physical or sexual abuse. Readers will follow four children as they learn ways to cope with their own trauma.

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Healing days : a guide for kids who have experienced trauma. [Susan Farber Straus; Maria Bogade] -- Discusses the effects of trauma on children and how they can heal. Your Web browser is not enabled for JavaScript.

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